

## Patient Information and Consent Form

Please read this information carefully, and ask your practitioner if there is anything that you do not understand.

### What is acupuncture?

Acupuncture is a form of therapy in which fine needles are inserted into specific points on the body.

### Is Acupuncture safe?

Acupuncture is generally very safe. Serious side effects are very rare – less than one per 10,000 treatments.

### Does acupuncture have side effects?

You need to be aware that:

- *In a small number of patients, drowsiness occurs after treatment and, if affected, you are advised not to drive*
- *In about 3% of treatments minor bleeding or bruising occurs after acupuncture*
- *In about 1% of treatments, pain during treatment may occur*
- *In less than 3% of patients, symptoms can get worse after treatment. You should tell your acupuncturist about this, but it is usually a good sign*
- *Fainting can occur in certain patients, particularly at the first treatment*

In addition, if there are particular risks that apply in your case, your practitioner will discuss these with you.

### Is there anything your practitioner needs to know?

Apart from the usual medical details, it is important that you let your practitioner know:

- *if you have ever experienced a seizure*
- *if you have a pacemaker or any other electrical implants*
- *if you have a bleeding disorder*
- *if you are taking anti-coagulants or any other medication*
- *if you have damaged heart valves or have any other particular risk of infection*

**Single-use, sterile, disposable needles are used in the clinic.**

#### State of Consent

I confirm that I have read and understood the above information, and I consent to having acupuncture treatment. I understand that I can refuse treatment at any time.

Signature

Print name in full

Date